

# MADE WELL AND STRONG

By Lydia E. Pinkham's Vegetable Compound

Bardonia, Ky.—"I suffered from ulceration and other female troubles for a long time. Doctors had failed to help me. Lydia E. Pinkham's Vegetable Compound was recommended, and I decided to try it. It cured my trouble and made me well and strong, so that I can do all my own work." Mrs. JOSEPH HALL, Bardonia, Ky.

Another Woman Cured. Christiansburg, Tenn.—"I suffered from the worst form of female trouble so that at times I thought I could not live, and my nerves were in a dreadful condition. Lydia E. Pinkham's Vegetable Compound cured me, and made me feel like a different woman. Lydia E. Pinkham's Vegetable Compound is worth its weight in gold to suffering women." Mrs. MARY WOOD, R.F.D. 3. If you belong to that countless army of women who suffer from some form of female ills, don't hesitate to try Lydia E. Pinkham's Vegetable Compound, made from roots and herbs. For thirty years this famous remedy has been the standard for all forms of female ills, and has cured thousands of women who have been troubled with such ailments as displacements, fibroid tumors, ulceration, inflammation, irregularities, backache, and nervous prostration. If you want special advice write for it to Mrs. Pinkham, Lynn, Mass. It is free and always helpful.

# FREE

Moving Pictures THIS WEEK

OPEN AIR

# Buckroe Beach

INTERESTING AND AMUSING SUBJECTS BY THE BEST ARTISTS WILL BE SHOWN.

# \$50.00 Reward!

Wilkes-Barre, Pa., June 20, 1909. Prince Jo Cigar Co., Newport News, Va. Gentlemen:—Please ship us, at once per Ad. Ex. 1,000 Prince Jo Cigars, name as last shipment. Yours, etc., J. R. C. No. 5000 Academy street. \$50.00 Reward if the above letter is not genuine. There must be some merit in our cigars when Pennsylvania orders shipments from the South. SMOKE PRINCE JO CIGARS. 50.

Savage's Love of Medicine. Mrs. F. Rowling, Medical Missionary at Guyana, Uruguay, tells many stories in the July Strand about her patients and their implicit faith in the skill and knowledge of "the white medicine woman." What she has to say on the matter is as amusing as it is interesting and instructive, and serves to illustrate a curious trait of the savage mind that has been commented upon by travelers in practically all parts of the world—viz, the keen delight which natives take in sampling the white man's drugs. It matters not whether the subject be well or ill, or whether the medicine be palatable or nauseous, medicine they must have if it is to be obtained. "The native patient," writes Mrs. Rowling, "are most amusing in the implicit faith they have in the mission doctor, as they call Miss Pigram, the dispenser here. Anything she does to give them what they take, out money or them cannot yet see how a pain in the head can be cured by swallowing a pill, and would much prefer to rub the pill on the place affected. One day we visited a woman with a bad pain in her ear. We gave her two pills to swallow, but instead of doing so she proceeded to drop them into her ear. Another tried to put her medicine up her nostrils."

Women Waking. Getting an Early Start. "Father, what do you wish me to be when I grow up?" "The same as I am, my son—a lawyer." "Then instead of wasting any more time on arithmetic, geography, and such truck, I'd better be getting at the hypothetical question, hadn't I?"—Judge.

Uplifting. A fashion has arisen of taking a nap on one of an automobile party, the elevating considerably the intellectual average of the party.—Exchange.

Good Definition for Power. To deal honestly with others is not so difficult. To compel others to deal honestly with you—that is power.—Smart Set.

## NOT YET READY FOR COFFIN.

Prospective Jurymen's Assertion That He Was Not Dead Comparatively Easy to Believe.

On a recent jury day in the First district court a stolid-looking German presented to Justice Joseph a certificate from the commissioner of jurors. After a rapid glance at the document the justice ordered the man to raise his right hand and administered the oath.

"Your name is Herman Kaufman?" "Yes, your honor."

"This paper," continued the court, "requests me to excuse Herman Kaufman from jury duty on the ground that he is dead. Now, remember that you have sworn to tell the truth, and think well before you answer: Are you dead?" "No-o, your honor," was the bewildered reply, "I don't think I am."

"You claim that you are alive?" "Yes, your honor."

"That will do. Now take this paper back to the commissioner of jurors." The man did so. When the commissioner examined the certificate it bore the following indorsement in the justice's handwriting: "The deceased, appearing before me in open court, insists, under oath, that he is not dead. Please investigate, and, if his testimony be false, have him indicted for perjury."—New York Press.

## NATIONAL FOOD OF MEXICANS

The Tortilla Is the Bread Used by Our Southern Neighbors—Frijoles Are Boiled Beans.

The tortilla is the ancient Indian bread of Mexico. Its only constituent is Indian corn (maize), which the women soak in lime water until the kernels are at the point of bursting, then wash thoroughly until it is free from lime, when they grind it by rubbing it on a large block of stone, specially cut for the purpose, with a smaller stone which they hold in their hands.

The operation looks very much like rubbing clothes on a washboard and is a laborious and tedious one. The lime renders the corn dough adhesive, like wheat flour dough, and it is easily patted between the hands into cakes the size and shape of an ordinary griddle. Though no salt or leaven is added fresh tortillas are exceedingly palatable.

The one other food mainstay is frijoles—ordinary beans. They are boiled to a mush and with a liberal quantity of lard are warmed as required in a flat earthen dish that answers for a frying pan. The very poor people do not always have the luxury of frijoles and when they do have them cannot always afford the lard.

English Difficult to Pronounce. The difficulty of English for strangers does not lie in its orthography, but in its pronunciation. Abroad, people will constantly say that they can read and write English readily while unable to utter a word or to understand a word of the spoken language; as, of course, vice versa, a great many English and Americans can read and write French long before they can understand or make themselves understood by the "other" language are just as difficult for them to pronounce as English is for others.

The only difference is that English stands alone with its system or lack of system, of pronunciation. When a Frenchman knows how to write German, he is at the same time able to speak the language, if not beautifully, at least so as to be understood; the same holds for a German speaking French.—Prof. Albert Schütz, in the North American Review.

All Can Work and Try. Milton wrote: "Who best can suffer, best can do." The progress and success of the other fellow always looks easy. But only the other fellow knows all about it. We cannot all work just the same way. Brilliant minds make great leaps. They are daring and courageous. Timid ones must plod because it is their nature. The old saying, "What others have done, I can do," is not strictly true, and is misleading to the inferior intellect. A strong man can lift great weights, for he has the muscular strength. Weaker men cannot do what he has done. But they can work and try. That's about all that most of us can do.

Knew When to Stop. The shrewd lawyer knows when to stop questioning, and none is more shrewd than the one who, conducting a case of bribery, questioned a man the other day, who is rated high in the business world.

"Have you yourself ever refused a bribe?" he asked. "No, but—" "That is all," said the lawyer. At a latter time he was asked why he had dismissed the witness so soon. "Because," he replied, "I knew by the 'but' that he was going to tell me no one had ever attempted to bribe him."

In Memory of Samuel Johnson. The memory of Samuel Johnson has been honored by the placing of a stained glass window in St. Clement Danes church, in London. It is near the pew wherein he used to sit. How well give us a glimpse of the good man in that pew. "His behavior was, as I had imagined to myself, solemnly devout. I never shall forget the tremendous earnestness with which he pronounced the awful petition in the litany, 'In the hour of death and in the day of judgment, good Lord deliver us.'"

## DUELING IS ANCIENT CUSTOM

Had Its Origin in the Judicial Combat and Found Favor with All Nations.

Dueling in the proper sense of the word was handed down from the early Germans, Danes and Franks, all of whom carried the practice of the judicial combat to such an extreme that only women, sick persons, cripples and men more than 60 years old were exempt from it. The judicial combat was especially authorized by Gundebald, king of the Burgundians, as early as 501 A. D.

Finally the practice of dueling was carried into France, where it soon became so common that it is estimated that 6,000 persons fell in mortal combat in the ten years of the reign of Henry IV.

Single combats are said to have been introduced in England by the Normans. During the period of chivalry in that country they were in common practice, but in the strict interpretation of the word they could not be called duels. In the literal sense of the word, the duel was introduced in England about the time that the practice became prevalent in France.

Dueling began in this country in the early days of its settlement. In fact, the code of honor was brought to the new world by the first settlers. The first encounter of this kind took place at Plymouth, Mass., in 1621, two of the settlers deciding a question of honor with the heavy swords that were carried in those days.

## WAS SOMETHING OF A JOLT.

Addressed by Child as "Grandpa," Man Forced to Admit He Is Getting Old.

"I hate to think it," said the man with frost in his hair, "but really I must be growing old."

"Three times within as many weeks young men have got up in street cars to give me their seat, showing thereby, as they fancied, due respect for age. I wish they wouldn't, for I don't feel old, and I have to think I look old and I don't believe I do. I think those three young men were too polite, well meaning and all that, but not good judges of age, misled by the gray in my thatch; and so I don't consider that their mistaking me for an old looking man really proves me old or should in any way disturb me; but I did get a judgment on myself this morning, a natural, instinctive and absolutely unbiased judgment that did give me quite a little jolt."

"A little child that I was looking at, a small child just old enough to be beginning to talk, looked at me and smiled and said: 'Grandpa' and that was hard to get away from."

"I guess now I'll have to dye my hair."

Wild Flowers in the South. One morning you drive through the woods and see nothing, but the usual green of winter; two days after on the same road you behold a riot of color, a huge white sheet showing through the tree trunks and bushes. It is not a sheet, merely a solid curtain of white flowers, many white, fragrant and blooming, so thickly that only here and there is any green to be seen.

A big dead tree that has been showing gray and shabby for months turns over night into an enormous, purple bouquet; it is the work of a windmill, sending down showers of lavender sweet peas with every puff of wind. Sweet violets, brilliant wealth, wild jasmine and 50 others rush into a prodigality of bloom that seems a wicked, delightful extravagance to northern eyes, and the noble army of lilies marches up the side of each path and waves its banners beneath every wall.—Pass Christian correspondence St. Louis Globe-Democrat.

Birth of Music. By the old Romans the god Mercury was credited with the invention of music. According to Apollodorus, the belief was as follows: The Nile, after an overflow, left on the shore a dead tortoise. Its flesh was finally dried up by the hot sun, so that nothing remained in the shell but the cartilages, which, being braced and contracted by the heat, became sonorous. Mercury, happening to be walking that way, and striking his foot against the shell, was so pleased with the sound produced that the idea of a lyre presented itself to his imagination. He immediately constructed the instrument in the form of a tortoise, and strung it with the sinews of dead animals. And so music began.—New York American.

Clothes. There are promotions in life, which, independent of the more substantial rewards they offer, acquire peculiar value and dignity from the coats and waistcoats connected with them. A field marshal has his uniform; a bishop his silk apron; a counselor his silk gown; a beadle his cocked hat. Strip the bishop of his apron, or the beadle of his hat and lace, what are they? Men, mere men. Dignity, and even holiness, too, sometimes, are more questions of coat and waistcoat than some people imagine.—Charles Dickens.

Explained. "How does it happen that a third of the population of your vast country is in the east?" asked the visitor.

"I presume the discomfort of riding brake beams has to be regarded as a factor," explained the native student of sociology.

## PRIDE OF AMSTERDAM JEWS.

Synagogue in That City, Built by Refugees, Is Easily the Finest in the World.

In the midst of the Jewish quarter stands the pride of Amsterdam Jews, the grandest synagogue in the world. It is "great" in everything, in its size, its proportion, its age and its traditions. There is no synagogue like it anywhere, and while it stands there cannot be anything like it.

The great temple, in the Rue de la Victoire in Paris may perhaps be larger, the splendid synagogue in the Oranienburgerstrasse in Berlin may be more ornate, but the Portuguese synagogue in Amsterdam has a glory all its own. Its majestic columns, its solid oak, its noble ark and its lovely windows all speak eloquently of the type of Jew that sought the hospitality of Holland when the cruel and short-sighted policy of the Spain of those days drove the pioneers of the community into the hardy little northern country.

The history of the congregation is not, however, one unbroken record of peace and glory. Curiously enough, its early members, free themselves at last from persecution, seemed at times to make up for the persecution they had endured by their own internal intercommunal intolerance.

Their treatment of Uriel Acosta is a most painful chapter in their local history, and their attitude toward Baruch Spinoza was an error for which no compensation can ever be made. To the visitor to the synagogue is still shown the seat which Spinoza is supposed to have occupied, but the tradition is probably apocryphal.—Jewish Chronicle.

## MALE "LADY OF THE HOUSE"

Not Uncommon for New York Boarding Places to Be Conducted by Men.

"A man acting as 'lady of the house' in a first-class boarding house was a distinct surprise to me," said a New York woman who has been trying to find a pleasant home for a friend from out of town. "In a single morning I came across two boarding houses where men were in charge. The first man was quite communicative and when I expressed my regret that I could not make arrangements with his wife instead of himself, he said:

"Oh, I run the place now. My wife died three years ago and rather than break up I took charge of it myself. People wanted to stay and it was easier to let things go on in the old way."

"The second man didn't have the same excuse, as he'd never had a wife. He'd been living in the same house for a good many years and when it was about to break up several years ago he took it over rather than give up his comfortable home. Incidentally he told me he was opening a small boarding house down at the seashore, which was easily reached by the elevated road, and that his guests could come down there for a week end and always feel at home. He laid no claims to being a hotel keeper—just a man who was playing 'landlady' in a boarding house."—New York Sun.

Where Church and Circus Meet. "On one point at least the church and the circus touch common ground," said a clerk in the naturalization bureau. "Each member of a circus performs a family and each member of a country preacher's family claims a different birthplace. Very often families consisting of grown-up brothers apply for citizenship. In most cases they are poor people whose parents certainly could not afford to be globe trotters, and all the children were born in the same village or town. But once in a while I meet three or four or maybe five or six brothers each of whom has first seen the light in a different place. In a case of that kind my first question is:

"Parents in the circus?" "Usually they were. If not, I guess again."

"Church?" I ask, and that time I hit it. Funny, isn't it, that of all institutions only the church and the circus produce professional wanderers?"

Melody on the Farm. If you like music and pretty pictures, you can have them at your will by getting up early on the farm and listening to the songs of the birds and all the signs and sounds of nature's resurrection. You can hear the chickens, the cows and the dogs—the neighing horses as the farmer comes with their feed. You can hear the voices at the lot—as the boys or the hired hands draw water for the stock and make ready for the day. Then, as the first long golden lance of light strikes down across the silent fields, you can see all the life and bustle of another opening day. And all of it is sweet, and brings peace and joy—as we find out sometimes when we have left it and pine for it again.—Sylvania (Ga.) Telephone.

Cheering Up. "When your work seems to be going wrong," says a woman who mixes practical philosophy with her work, "blow yourself to something nice. Go out and buy yourself a lovely dinner at a nice place, or get a new dress, or buy some flowers for your apartment. Yes, I know it will cost money, but the impetus it will give you in your work will amply repay you. When you see these things you will say to yourself: 'Well, I'm doing pretty well, after all, when I can afford to blow myself so,' and when you feel that you are doing well you will do well."

Belgian Coal Miners. While coal is mined at a greater depth in Belgium than in most countries, the number of miners killed in accidents is less in that country than in any other. For the ten-year period from 1891 to 1900 the number of fatalities per 10,000 workmen was 16.64 per annum. In the metallic mines the number of workmen who have been killed by accident is one-third that in the coal mines.

## MR. JURGLETON HAS NOTICED

Me Man, Young or Old, in a Stovepipe Hat, Ever Seen Carrying a Baby, He Declares.

"Did you ever," said Mr. Jurgleton, "see a man in a silk hat carrying an infant child? Never, I venture to say."

"You do see plenty of fathers, young fathers, mostly, carrying their babies, and very willing to carry them, indeed proud of their offspring; but you never see such a father in a tall hat. They may wear forty-seven other kinds of hats—derbies, soft hats, straw hats, or as many kinds of caps; but no father carrying an infant ever wears a silk hat."

"Of course there can't be any fashion decree about this. Refraining from wearing a silk hat on such occasions must be due just to instinctive common sense; the baby is an extremely informal thing, liable to scream or cry or wriggle or squirm at any minute, to bear itself in many ways in a manner quite incompatible with high hat dignity; and even young fathers seem to know this, and so they leave their stovepipe tiles on the shelf at home when they go out with the baby. They seem to know what is fitting instinctively; but you never see a man in a stovepipe hat carrying a baby."

## ART IN OLD ENGLISH HOUSES

Beautiful Carving and Paneling That Had Long Been Concealed Is Discovered.

When a low range of buildings at Little Horkeley, Essex, England, which for a century and a half had been let in five separate tenements, came into the market and was bought by an owner who, having an eye for things old and curious, had the walls stripped, surprising discoveries were made. It was found that all five were really parts of one old Tudor house. Behind the whitewash and plaster and common wall paper were brought to light beautiful carving and paneling of the Tudor period. The doors were found to be of oak heavily studded with nails.

During the last summer the village church at Doddington, Kent, underwent that process known as "restoration," which in too many cases has spelled destruction, and in the course of the work the removal of a quantity of plaster led to the discovery of an unexpected lancet window of the thirteenth century, which had been blocked up for many generations.

The plays were well preserved, and the discoverers were rewarded not only by finding the arch of the lancet beautifully decorated with stars and roses, all in excellent preservation, but by the revealing on one of the splay of a noble figure of a monk, nearly seven feet high, portrayed in the act of giving the benediction.

## Popularizing the Potato.

One of the most remarkable menus ever drawn up must have been that of the feast in Paris to which Benjamin Franklin, Lavoisier (the founder of modern chemistry) and other distinguished men sat down as guests of Parliament. Every dish at this banquet was made of potatoes, and even the brandy and liquors were the product of the same vegetable. This was Parliament's final proof to his skeptical fellow countrymen that potatoes were not poison, as they persisted in believing. Louis XVI. himself was one of Parliament's earliest converts, granted him land on which to grow his plants and did not disdain to wear the potato flower as a buttonhole. Then Parliament cleverly posted guards round his potato fields by day and withdrew them by night, so that people were tempted to come then, steal, eat and be convinced. The all-potent banquet was the climax of the great campaign.

Didn't Express It. "There are many points about our machine, Mr. Fossdick," the agent was saying, "that you don't find in typewriters usually. For example, the whole line, as you write, is visible—by the way, Mr. Fossdick, have you ever had a visible typewriter in your office?"

The merchant looked absent-mindedly at the red-haired young woman with the green gown who was hammering away industriously on the morning correspondence in the outer room.

"Visible!" he said. "We have one that's more than visible—she's conspicuous."

## Seasoning Lumber.

A workman was packing salt about a pile of timber. "Seasoning timber with salt, eh? It sounds like a joke, doesn't it?" he said. "It is often done, though, especially in ship timber. Ships built of salt-seasoned timber get a better insurance rate. Some very rich woods are seasoned in boiling oil. That's an ancient and costly process. A new dodge is electrical seasoning. With strong electric shocks the sap is driven out of the wood and replaced by a solution of borax and resin. The scheme is cheap; not half as good as salt."

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young couples without much money can buy furniture from us, says little housemaid.



mr. and mrs. young couple.

are you boarding because you feel that you cannot afford to furnish a home?

if you are, just drop in on us, and let us show you how little it will take to fit out handsomely and cozily that home you would love to have. then, when you see how little it will take, and that with what you save on your board you can soon own your own things, you will thank us for asking you to come round.

152.00 will start you in and furnish your rooms nicely, as follows:

## For the Parlor

- 20 Yards Beautiful Parlor Carpet.....\$10.00
- 1 Parlor Suite, Tapestry or Plush or Mahoganized... 30.00
- 1 Parlor Table, in Birch, Mahoganized or Oak..... 3.50
- 1 Nickle Parlor Lamp, 60 candle power, dome shade 1.50

\$45.00

## For the Bedroom

- 1 Beautiful Iron Bed, choice of colors.....\$ 7.50
- 1 Quartered Oak Bureau, French Bevel Plate Glass oval or square..... 12.50
- 1 Sawn Oak Washstand to match..... 4.50
- 20 Yards China or Jap Matting, your choice of patterns..... 5.00
- 1 Felt Mattress, Art Tick..... 10.00
- 1 Spring, all iron..... 5.00

\$44.50

## For the Dining-room

- 1 Polished Oak Sideboard, with beveled plate glass.....\$15.00
- 1 6-Foot Oak Extension Table..... 7.50
- 4 Dining-room Chairs, imitation leather seat..... 5.00
- 20 Yards Jap or China Matting, your choice of patterns..... 5.00
- 1 Set Dishes, English China..... 7.50

\$40.00

## For the Kitchen

- 1 Cook Stove, polished.....\$12.50
- 1 Kitchen Table..... 1.50
- 1 Safe..... 3.50
- 16 Yards Oil Cloth..... 4.00
- 2 Kitchen Chairs..... 1.50

\$23.00

yours truly,

# M. H. Lash

2803-5-7-9 Washington Ave. Newport News, Virginia